

## Research Coordinator – Reaching Out With Yoga project

### Overview of the ‘Reaching Out with Yoga’ (ROWY) Research Project:

This project is providing trauma-informed yoga training and programs to women and children who have experienced domestic violence, and staff working in transition and second stage housing programs across British Columbia. Trauma-informed yoga adapts traditional yoga techniques to the specific health and safety needs of those who have experienced violence. The ROWY project aims to explore any health benefits associated with it. BCSTH is partnering with Yoga Outreach <http://www.yogaoutreach.com/> to deliver this project, which is funded by the Public Health Agency of Canada.

Survivors of violence face a range of negative mental and physical health impacts, including post-traumatic stress disorder and chronic pain. Emerging evidence suggests that trauma-informed yoga techniques can significantly improve these health outcomes. This project is exploring how trauma-informed yoga can address the negative health impacts of vicarious trauma which are commonly experienced by those working in the violence sector. The study is the first to test the effectiveness of a structured trauma-informed yoga intervention in a large Canadian sample.

This research project uses mixed methods, underpinned by feminist methodological principles. The purpose of the research is to increase knowledge about a) the health benefits of trauma-informed yoga for women and their children who have experienced violence and b) effective practice in the delivery of trauma-informed yoga.

### Overview of the Position:

This position will provide research coordination of the ‘Reaching Out with Yoga’ project: <https://bcsth.ca/projects/reaching-out-with-yoga/>. The Research Coordinator will implement research protocols, liaise with a Research Ethics Board; train research site staff to carry out research activities; coordinate multi-site data collection methods, conduct data analysis, develop and maintain records of research activities; conduct literature reviews; prepare reports, presentations and peer-reviewed manuscripts. This project involves working closely with the Project Coordinator at BCSTH and the Yoga Outreach Director of Programs to ensure project goals, timelines, logistical and budget requirements are met.

The Research Coordinator reports directly to the Executive Director of BCSTH (Principal Investigator of the research project) and is expected to work from an intersectional feminist framework and to carry out the work of the organization so as to achieve its overall mission, strategic plan and to meet the outcomes of this funded research project.

### Job Description

#### Key Responsibilities

**1. Liaison with Research Ethics Board**

Monitor adherence to the Research Ethics Board (REB) approval for this project. Coordinate communication with the REB, including requesting amendments and reporting requirements.

**2. Implementation and monitoring of research protocols, materials and tools**

Oversee and coordinate the use of research tools including information sheets, consent forms, surveys and interview schedules. Coordinate protocols guiding the ethical and effective conduct of research activities and make adaptations as required.

- 3. Liaison between project team members at BCSTH and Yoga Outreach**  
Coordinate meetings, provide progress reports and monitor budget expenditures, timelines and deliverables as necessary.
- 4. Training of project site staff to conduct research activities**  
Develop protocols and tools for the training of project site participants to carry out research activities. Coordinate and deliver training of project site participants and provide ongoing support as required.
- 5. Coordination of multi-site data collection and data management**  
Develop and coordinate protocols for the collection of data at project sites and the management of research data, including data entry and data storage.
- 6. Analysis of data**  
Conduct analysis of qualitative and quantitative data using appropriate techniques and software.
- 7. Preparation of reports, presentations and peer-reviewed manuscripts**  
Write reports for funders, project partners and others as required. Develop presentations for project meetings, training forums and conferences. Prepare manuscripts for submission and publication in peer reviewed journals and other publications.
- 8. Administration**  
Develop and maintain efficient and effective filing, scheduling and communications systems for the research project. Contribute to the operations and function of a small and busy nonprofit organization office.

#### Selection Criteria

- Minimum of Master's research degree in Social Sciences or a related discipline.
- Minimum of two years' experience of research project coordination or related employment experience.
- Demonstrated understanding of and commitment to preventing violence against women and their children and women's issues.
- Knowledge and/or experience of yoga practice and its potential health outcomes is an asset.
- Demonstrated experience of conducting community-based, feminist/anti-oppression-informed research.
- Demonstrated experience of carrying out qualitative and quantitative research methods.
- Demonstrated experience of writing research reports and publications.
- Demonstrated experience of developing and delivering research presentations.
- Competent in computer software: Excel, Word, Power Point, Outlook, EndNote, SPSS and NVIVO.
- Well organized, self-motivated, able to prioritize multiple responsibilities and a keen attention to detail.
- Excellent writing, communications and interpersonal skills.
- Able to work under pressure and meet deadlines.
- Strong analytical and innovative problem-solving skills.
- A positive, enthusiastic and professional approach with a 'can-do' attitude.
- Ability to work in a small team environment that demands flexibility, resourcefulness, commitment and a sense of humour.
- Ability to work flexible hours and travel. Overnight stays are required. A current and valid driver's license is desirable.
- The qualified candidate is required to undergo a criminal record check.

The position description above is for a full-time, 35 hours per week, one-year contract position to cover maternity leave commencing in early December. There is possibility for the position to be offered at 28 hours per week if preferred. A graduated start to cover job shadowing and training would ideally begin in late October/early November.

This position is based in Vancouver and requires some travel.

As an employer, BC Society of Transition Houses is dedicated to building an organization that reflects the diversity of our membership and the communities we serve. This includes diversity in languages spoken, culture, race, sexual orientation and gender identity.

Please submit your résumé and a cover letter indicating how you meet the selection criteria to [joanne@bcsth.ca](mailto:joanne@bcsth.ca) no later than **5pm, Friday 15<sup>th</sup> September, 2017**.

Thank you for your interest in this position - only those shortlisted will be contacted.