

## Information and Resources to Support PEACE Counsellors during Covid-19

### Covid-19 Resources

- Free FACE COVID e-book:  
<https://drive.google.com/file/d/117HY4z4mY5izJpR44ejuZ8rhTyoWEGEG/view>
  - Accompanying infographic <https://drive.google.com/file/d/1YjGsKTP23PKVP-pSYRbDWvNoSYM47Xg2/view>
  - Video <https://www.youtube.com/watch?v=BmvNCdpHUYM>

### Delivering remote counselling sessions:

- Interventions for Online Therapy with Children and Youth: Guidance Teletherapy:  
<https://www.guidancett.com/blog/interventions-for-online-therapy-with-children-and-youth-2020>

### Considerations for communicating with women, children and youth by phone

- Best practices for Phone Communication with Survivors: <https://www.techsafety.org/resources-agencyuse/phone-communication-bestpractices>
- Using Mobile Phones to Communicate with Survivors: Best Practices & Policy Recommendations: <https://www.techsafety.org/resources-agencyuse/cell-phone-bestpractices>
- PEACE Tech Toolkit: <https://bcsth.ca/wp-content/uploads/2019/05/PEACE-Program-of-Use-of-Technology-Template-Guide.pdf>
- Is a Bring Your Own Device (BYOD) Program the Right Choice for Your Organization?: [https://www.priv.gc.ca/en/privacy-topics/employers-and-employees/mobile-devices-and-online-services-at-work/gd\\_byod\\_201508/](https://www.priv.gc.ca/en/privacy-topics/employers-and-employees/mobile-devices-and-online-services-at-work/gd_byod_201508/)

### Technology Safety information to share with women, children and youth:

- 12 Tips on Cell Phone Safety and Privacy: <https://www.techsafety.org/12tipscellphones>
- BCSTH Tech Safety & Privacy Toolkit <https://bcsth.ca/techsafetytoolkit/>

### Helping kids stay safe online

- <https://www.cybertip.ca>
- <https://protectkidsonline.ca>

### Safety Planning

- MCFD Toolkit for Safety Planning with Children and Youth who have experienced domestic violence: <https://www2.gov.bc.ca/assets/gov/law-crime-and-justice/criminal-justice/victims-of-crime/vs-info-for-professionals/training/child-youth-safety-toolkit.pdf>
- Domestic Violence Safety Planning Online Training, including Child and Youth Safety Planning Videos: <https://www2.gov.bc.ca/gov/content/justice/criminal-justice/victims-of-crime/service-providers/training#domestic-violence>
- Victim Services of Bruce Grey and Owen Sound “Safety Plan for Victims of Domestic Violence” Booklet: <http://www.thewomenscentre.org/docs/SafetyPlanVictimsDomesticViolence.pdf>
- Government of BC “Creating a Safety Plan” Booklet : <https://www2.gov.bc.ca/assets/gov/law-crime-and-justice/criminal-justice/victims-of-crime/vs-info-for-professionals/training/creating-safety-plan.pdf>

- Some Safety Planning Website Links: <http://victimservicestoronto.com/resources/#privacy-statement>

### **Self-Care**

- Regulating Through the Coronavirus - Free 2-part webinar series (Synergetic Play Therapy Institute): <https://learn.synergeticplaytherapy.com/>
- Tips for working from home: <https://charityvillage.com/7-important-tips-if-youve-never-worked-from-home/>