

Information and Resources to Support PEACE Counsellors during Covid-19

Covid-19 Resources

- Free FACE COVID e-book:
<https://drive.google.com/file/d/117HY4z4mY5izJpR44ejuZ8rhTyoWEGEG/view>
 - Accompanying infographic:
<https://drive.google.com/file/d/1YjGsKTP23PKVPPpSYRbDWvNoSYM47Xg2/view>
 - Video: <https://www.youtube.com/watch?v=BmvNCdpHUYM>

Delivering remote counselling sessions:

- Interventions for Online Therapy with Children and Youth: Guidance Teletherapy:
<https://www.guidancett.com/blog/interventions-for-online-therapy-with-children-and-youth2020>

Considerations for communicating with women, children and youth

- PEACE Tech Toolkit: <https://bcsth.ca/wp-content/uploads/2019/05/PEACE-Program-of-Use-ofTechnology-Template-Guide.pdf>
- BCSTH Digital Services Toolkit: <https://bcsth.ca/digitalservices/>
- NNEDV 'Using Technology to Communicate with Survivors During a Public Health Crisis – Technology Safety': <https://www.techsafety.org/digital-services-during-public-health-crises>

Technology Safety information to share with women, children and youth

- BCSTH Seeking Help Online: Safety and Privacy Considerations for Women Experiencing Violence: <https://bcsth.ca/wp-content/uploads/2020/06/17.-BCSTH-Seeking-Help-Online-Safety-and-Privacy-Considerations-for-Women-Experiencing-Violence-2020.pdf>
- BCSTH Tech Safety & Privacy Toolkit <https://bcsth.ca/techsafetytoolkit/>
- 12 Tips on Cell Phone Safety and Privacy: <https://www.techsafety.org/12tipscellphones>

Helping kids stay safe online

- [BCSTH's Tech Safety Toolkit](#) has a few handouts and the bottom of the toolkit in the Youth Section
- Foundry: Information on online safety: <https://foundrybc.ca/resource/online-safety/>
- The Online Family Institute: Information for parents about online safety <https://www.fosi.org/good-digital-parenting/talking-to-kids/> and cyberbullying: <https://www.fosi.org/good-digital-parenting/understanding-cyberbullying/>
- BCSTH's Tech Safety Project Partner the White Hatter has some webinars that may be of interest: <https://www.thewhitehatter.ca/upcoming-public-webinars>

- Public Safety Canada - Cyberbullying: <https://www.publicsafety.gc.ca/cnt/ntnl-scrt/cbr-scrt/cbrbllng/tns/index-en.aspx> and additional resources: <https://www.publicsafety.gc.ca/cnt/ntnl-scrt/cbr-scrt/cbrbllng/prnts/ddtnl-rsrcs-en.aspx>

Safety Planning

- MCFD Toolkit for Safety Planning with Children and Youth who have experienced domestic violence: <https://www2.gov.bc.ca/assets/gov/law-crime-and-justice/criminal-justice/victims-of-crime/vs-info-for-professionals/training/child-youth-safety-toolkit.pdf>
- Domestic Violence Safety Planning Online Training, including Child and Youth Safety Planning Videos: <https://www2.gov.bc.ca/gov/content/justice/criminal-justice/victims-of-crime/serviceproviders/training#domestic-violence>
- Loveisrespect.org interactive safety planning tool: <https://www.loveisrespect.org/for-yourself/safety-planning/>
- Victim Services of Bruce Grey and Owen Sound “Safety Plan for Victims of Domestic Violence” Booklet: <http://www.thewomenscentre.org/docs/SafetyPlanVictimsDomesticViolence.pdf>
- Government of BC “Creating a Safety Plan” Booklet : <https://www2.gov.bc.ca/assets/gov/law-crime-and-justice/criminal-justice/victims-of-crime/vs-info-for-professionals/training/creatingsafety-plan.pdf>
- Victim Services Toronto Safety Planning Resources: <http://victimsvicestoronto.com/resources/#privacystatement>

Self-Care

- Regulating Through the Coronavirus - Free 2-part webinar series (Synergetic Play Therapy Institute): <https://learn.synergeticplaytherapy.com/>
- Tips for working from home: <https://charityvillage.com/7-important-tips-if-youve-neverworked-from-home/>