A one day snapshot of the Prevention, Education, Advocacy, Counselling and Empowerment (PEACE) Programs for Children and Youth in BC





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Introduction

The BC Society of Transition Houses (BCSTH) is a member-based, provincial umbrella organization that, through leadership, support and collaboration, enhances the continuum of services and strategies to respond to, prevent and end violence against women, children and youth. The Prevention, Education, Advocacy, Counselling and Empowerment (PEACE) Program for children and youth experiencing violence, (formerly the Children Who Witness Abuse Program) is a free, confidential program across BC for children and youth aged 3 to 18 who have experienced domestic violence.

BCSTH surveys PEACE Programs annually to document a snapshot of services provided in a single 24-hour survey period through an annual 24-hour census. BCSTH conducted this 24-hour census survey on November 30th-December 1st, 2022. This census is a snapshot count of a 24-hour period where children and youth with experiences of violence and their non-offending caregivers were served by PEACE Programs. This census provides a provincial picture of how many people were seeking services for their experiences of violence, how many were unable to be served, and the scope of the current PEACE Program support services.

While most PEACE Programs submit their data to the Ministry of Public Safety and Solicitor General (MPSSG) that data may include duplicate information (e.g., a child or youth may have been served by two different PEACE Programs in one quarter). The 24-hour census data aims to eliminate duplication by capturing all individuals served within the same 24-hour time frame. Regional comparisons of the results are also included in this report – please see Appendix A.

The PEACE Program is a psycho-educational program that provides age-appropriate individual and group counselling services to children and youth to:

• Label and express the feelings they have experienced in relation to the violence they have encountered;



- Understand healthy ways of dealing with anger and expressing anger;
- Understand that they are not at fault for the violent actions of others;
- Teach safety skills, strategies and develop safety plans;
- Encourage open communication;
- Acknowledge loss and separation issues;
- Facilitate understanding of abuse and myths about violence against women;
- Explore other violence issues such as violence in the media; and
- Encourage self-confidence.

For more information about BC's PEACE Programs and to find a PEACE Program in your community, visit our website at https://bcsth.ca/program/peace/.



Background

There are 87 PEACE Programs in BC, two of which are entirely self-funded and the remainder of which receive a minimum of 17.5 hours per week in funding from the Ministry of Public Safety and Solicitor General (MPSSG). There have been 85 PEACE Programs in BC for more than 15 years and, despite the demand and the waitlists for services that extend back just as long, the provincial government has not provided any new funding to support new PEACE Programs in BC. The two self-funded programs are BCSTH members who recognized the importance of the PEACE Program for their children, youth, and families and after their organizations were advised by MPSSG that no provincial funding was available, committed to fundraising and grant writing to self-fund a PEACE Program and they both receive training and resources from BCSTH. In recent years, seven other communities in BC representing Indigenous (5), Metis (1) and immigrant and refugee communities (1) have also requested PEACE Programs because of the recognized value of the 30-year-old PEACE Program and the need for services for the children, youth and families they support. These seven additional communities were also advised by MPSSG that they had no funding to support this critical need in their diverse communities across BC from Vancouver Island to Prince George and to the Lower Mainland.



In 24 Hours

Sixty-three of the 87 PEACE Programs participated in BCSTH's 2022 24 Hour Census (72.4%). Thank you to all of the PEACE Programs who took time out of their busy days to participate in the 24 Hour Census survey.

On November 30th and December 1st, 2022, over a 24-hour period, **346** children and youth who have experienced violence and their non-offending caregivers were supported by PEACE Programs across all regions in BC. Of those, **256** were supported in-person and **90** were supported remotely i.e., by phone or online.

Also, during this 24-hour period, PEACE Programs in BC:

- Responded to 444 service-related calls, emails, and texts by providing information and support; and
- Educated **48** people about the dynamics and impacts of violence against women through training and public presentations.

During the same period, an additional **370** children and youth and their non-offending caregivers were unable to be served. There were a total of **632** children and youth on waitlists for PEACE Program services in BC.

"A waitlist of six months or longer is ridiculous, how are we expected to wait that long." (Program Participant, Caregiver)

Program waitlists was identified as the most relevant barrier to providing PEACE Program services during the 24-hour reporting period. Waitlists have been identified as a key barrier to PEACE Program services in the 24 Hour Census survey every single year since 2018. The next



most relevant barriers to service identified were that the needs of children and youth who want to access the PEACE Program are often outside of the program's mandate, and that the financial needs of the program are not being met by government funding.

While the 2022 24 Hour Census survey responses showed that COVID-19 impacted service delivery less that it did during the 2021 and 2020 24 Hour census periods, likely as a result of social distancing measures have been relaxed, it was also apparent that COVID-19 does continue to impact waitlists for some PEACE Programs who are either still contending with a backlog of families on their waitlists that accumulated during the pandemic or experiencing higher rates of cancellations due to sickness and staff sickness either with COVID-19 or potential COVID-19 symptoms. One person noted that some families are still not comfortable to attend in-person, and another reported that schools are not yet as receptive to outside visitors as they were prior to the pandemic.

"In 2020 the program was closed for a few weeks at the beginning of COVID, and then it was only offered remotely for several months. During this time, it was difficult to start with new clients and some clients from the waitlist chose to wait until in-person services were possible again...Existing clients had a disruption to services and therefore were in the program longer... It was also a very stressful time so we did not end with clients who were struggling, thus not allowing us to move on to clients from the waitlist as we normally would have. This is still impacting the program as we always have a long waitlist and we got behind due to the above factors related to COVID." (PEACE Program Counsellor)



BCSTH sincerely thanks the PEACE Programs for the difference they are making in the lives of children and youth experiencing violence each day.



PEACE Program Support Services

"This program has saved our family - we were falling apart before we came here." (Program Participant, Caregiver)

Over a 24-hour period, **346** children and youth with experiences of violence and their nonoffending caregivers were provided support services either remotely or in-person through 50 of the 63 PEACE Programs that participated in the census. Thirteen of the responding PEACE Programs noted that their program was closed during the 24-hour period, largely due to the part-time hours on which most PEACE Programs are funded to operate by MPSSG. During the 24-hour period, **251** children and youth and **95** adults were supported to respond to the impacts of violence (Table 1).





"I want to stay here forever." (Program Participant, Child)

TABLE 1: NUMBER OF CHILDREN, YOUTH AND NON-OFFENDING CAREGIVERS SERVED BY PEACEPROGRAMS IN-PERSON AND REMOTELY DURING THE CENSUS PERIOD

	# Supported in-person	# Supported remotely	TOTAL
Female Older Adults (55+)	3	10	13
Female Adults (19-54)	32	46	78
Male Adults (19-54)	0	4	4
Female Youth (16-18)	18	7	25
Male Youth (16-18)	7	2	9
Female Children (11-15)	64	7	71
Male Children (11-15)	32	3	35
Trans or Non-binary Children/Youth (11- 15)	5	1	6
Female Children (6-10)	45	8	53
Male Children (6-10)	37	1	38
Female Children (0-5)	9	1	10
Male Children (0-5)	4	0	4
TOTAL	256	90	346



"I really look forward to our weekly groups as they offer me a safe place in the school to relax and connect... I can speak openly about difficult feelings and experiences of feeling unsafe in my home and what I can do to increase my safety. I feel more grounded and confident in my ability to take care of myself." (Program Participant, Youth).

IN THE 24 HOUR PERIOD, PEACE PROGRAMS RESPONDED TO **444** SERVICE RELATED CALLS, EMAILS AND TEXT MESSAGES: AN AVERAGE OF **18-19** CALLS, EMAILS AND TEXTS EVERY HOUR.



Standing Beside: Support and Advocacy

"I told my friends that I was seeing my counsellor and that we were baking a cake together and my friend said "Your counsellor has a kitchen AND you bake together?! That sounds awesome!" (Program Participant, Youth)

As in previous years, Individual Support services was by far the activity that PEACE Programs most frequently reported engaging in during the 24-hour period, at 96%. Offering group support sessions was incredibly challenging for most programs during the pandemic, and this was reflected in the 2020 and 2021 census surveys where this group support sessions ranked 11th both years. In the 2022 census survey, group support sessions was the sixth most common activity that PEACE Programs reported engaging in; this is comparable to the 2018 and 2019 surveys, where group support ranked fifth and sixth respectively, suggesting that offering group support sessions may be becoming easier since strict provincial social distancing measures were relaxed in June, 2022.

""My child loves coming to [the boy's] group. Every week I give him the choice to either go to group or participate in volleyball at school, which is his favorite. But he ALWAYS picks coming to the PEACE Program group!"" (Program Participant, Caregiver)

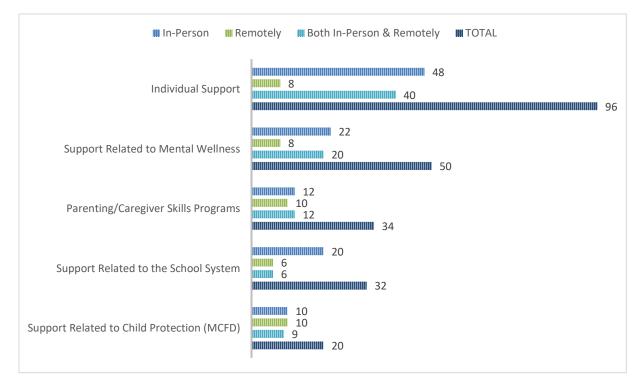
Support related to mental wellness was the second most common activity reported by PEACE Program counsellors at 50% (Table 2).





"This program has really helped my child come to terms with past trauma and helped her move through it." (Program Participant, Caregiver)

TABLE 2: PERCENTAGE OF PEACE PROGRAMS WHO REPORTED PROVIDING EACH ACTIVITY ANDMODE OF SERVICE DELVERY DURING THE CENSUS PERIOD



During the 24-hour period, PEACE Programs provided:

- 200 individual counselling sessions to children and youth, including 175 in-person and 25 remotely;
- 19 group counselling sessions to children and youth, including 18 in-person and 1 remotely;
- 67 sessions to parents or caregivers, including 43 in-person and 24 remotely.



IN THE 24-HOUR PERIOD, PEACE PROGRAM COUNSELLORS DELIVERED **286** SUPPORT SESSIONS, INCLUDING **236** IN-PERSON AND **50** REMOTELY.

Of the 286 support sessions delivered by PEACE Programs during the 24-hour period, 214 were delivered in-person (74.8%), compared with 68.6% in 2021 and 59.6% in 2020. Table 3 illustrates the gradual shift back to more in-person sessions during the pandemic as services have adapted and social distancing measures have changed and relaxed. Interestingly, the percentage of remote support sessions for parents and caregivers has increased during this time from 44.9% in 2020 to 64.2% in 2022 (while in-person sessions for parents and caregivers has decreased from 55.1% in 2020 to 35.8% in 2022). For busy parents and caregivers who do not face accessibility and connectivity challenges to attending virtual support sessions, this may be a more convenient and preferable service delivery option.

TABLE 3: COMPARISON OF IN-PERSON VS REMOTE PEACE PROGRAM SUPPORT SESSIONSDURING THE 24 HOUR CENSUS PERIOD OVER THE PREVIOUS 3 YEARS

	Individual Support		vidual Support Group Support		Support to Caregivers	
	In-Person	Remote	In-Person	Remote	In-Person	Remote
2022	175 (87.5%)	25 (12.5%)	18 (94.7%)	1 (5.3%)	24 (35.8%)	43 (64.2%)
2021	194 (79.8%)	49 (20.2%)	15 (93.7%)	1 (6.3%)	47 (41.2%)	67 (58.8%)
2020	149 (64.2%)	83 (35.8%)	4 (33.3%)	8 (66.7%)	92 (55.1%)	75 (44.9%)

*Response rates: 2019 = 2020 = 69 respondents; 2021 = 68 respondents, 2022 = 63 respondents

"All services are offered with an option for them to be remote/online if that is preferred by the client - what we are finding ourselves is that after three years of things being online MOST people want in-person." (PEACE Program Counsellor)



Sharing Knowledge: Violence Prevention and Public Education

Violence prevention education that PEACE Programs provide includes reaching out to children and youth in schools through the Violence is Preventable (VIP) Program. Through VIP, PEACE Program counsellors educate young people and school staff about healthy relationships and the resources that are available regarding domestic violence.

"The biggest connection to my community has been supporting students at school through the VIP program. Making these connections not only allows students to get support, but also has opened up our district to collaborating with our program to make sure students are getting wellrounded help throughout the week." (PEACE Program Counsellor)

Prior to the provincial COVID-19 social distancing measures being relaxed, access to schools was severely restricted throughout the pandemic and this was reflected in the 2020 and 2021 24 Hour Census surveys as the overall number of VIP presentations delivered was lower than in pre-pandemic times (even though PEACE Programs pivoted to offer the program remotely when doing so in-person was not possible). While the majority of survey respondents (69.8%) reported that COVID-19 did not impact their program's ability to deliver services during the 2022 24 Hour Census period, the number of VIP and public education presentations delivered did remain lower than pre-pandemic: PEACE Programs offered three training and public education sessions (two in-person and one remotely), which reached 48 people. This lower number may be a reflection of the lack of funding for the PEACE Program services, as one survey respondent explained:



"Staffing shortages limits our ability to provide more services to clients such as [our] anger management group or VIP." (PEACE Program Counsellor)

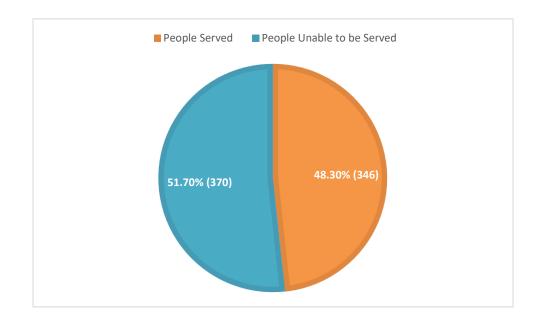


Unmet Needs

"I wish there were ten of me because I can't meet the needs of the communities we serve." (PEACE Program Counsellor)

Over the 24-hour period, **370** BC children, youth and their non-offending parents or caregivers could not be served by PEACE Program services. More individuals were *unable* to be served 51.70% (370) than served 48.30% (346) (Table 4).

TABLE 4: CHILDREN, YOUTH AND NON-OFFENDING CAREGIVERS SERVED AND UNABLE TO BESERVED BY PEACE PROGRAMS DURING THE 24-HOUR PERIOD



During the 2022-2023 fiscal year, 51 out of 139 PEACE Program counsellors left the program: an attrition rate of 37%.



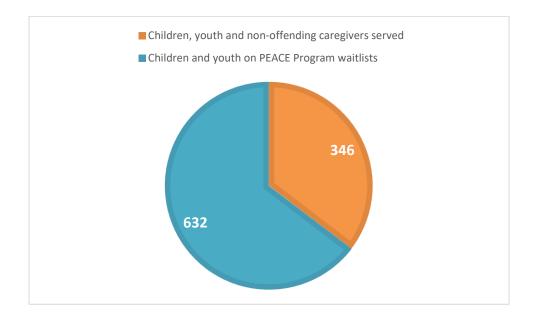
"Working part-time creates a lot of pressure and stress on the worker to meet the needs of a program and service in very high demand. It is unrealistic to think this can be done" (PEACE Program Counsellor).

DURING THE 24 HOUR PERIOD THERE WERE **632** CHILDREN AND YOUTH ON WAITLISTS FOR PEACE PROGRAM SERVICES: ALMOST DOUBLE THE NUMBER OF CHILDREN, YOUTH AND NON-OFFENDING CAREGIVERS SERVED (346).

The top factors identified by PEACE Programs as a barrier to providing services during the 24hour period was waitlists for programs; almost half (47.6%) of respondents identified this as very or somewhat relevant (Table 6). The number of children and youth on waitlists for PEACE Program services during the 24-hour period was almost double the number of children, youth and non-offending caregivers served (632 vs 346) (Table 5).



TABLE 5: CHILDREN, YOUTH AND NON-OFFENDING CAREGIVERS SERVED COMPARED TOCHILDREN AND YOUTH ON PEACE PROGRAM WAITLISTS DURING THE 24 HOUR PERIOD



Waitlists for services have been identified as a **key barrier** to PEACE Program services in the 24 Hour Census **every single year for the last five years,** and it is important to acknowledge that waitlists remain high despite COVID-19 social distancing measures having eased off. Increased funding for PEACE Programs is vital to help reduce long waitlists.

"Dealing with the disappointment of yet another family who has to go on the waitlist is wearying. How many of them will fall through the cracks and the chance to break the cycle is lost?" (PEACE Program Counsellor)

The needs of children and youth falling outside of the PEACE Program mandate was the second most relevant barrier identified to providing services (34.9% identified this as very or somewhat

relevant). Many PEACE Program counsellors stressed that there is a severe lack of other services including clinical counselling, Children and Youth Mental Health (CYMH), Ministry of Children and Family Development (MCFD) and Sexual Assault Intervention Programs (SAIP) available in their communities for children and youth who either do not fit the PEACE Program mandate or who need to access further support after completing their time in the PEACE Program.

"I am always left with no place to go to send referrals once the PEACE Program is completed. I closed six files within this 24-hour period with four of these six parents/guardians requesting further referrals and I haven't been able to give them anything local." (PEACE Program Counsellor)

"Waitlists for clinical counselling are horrendous. The PEACE Program just helps us buy a little more time and not be left without any supports until we can get into trauma counselling". (Program Participant, Caregiver)

Strongly tied to both of these factors, the financial needs of the program not being met by provincial funding was identified as the third most relevant barrier to services (28.6% of respondents identified this as very or somewhat relevant).

"It's not that we had staffing shortages during the time – positions were filled – it's that we have nowhere near enough staff to meet demand." (PEACE Program Counsellor)



"We do not have enough of a program budget to staff this position fulltime. Presently the PEACE Program is a part-time position, even though there is an extensive waitlist." (PEACE Program Counsellor)

TABLE 6: TOP 5 REASONS PEACE PROGRAMS WERE UNABLE TO SERVE WOMEN, CHILDREN ANDYOUTH DURING THE 24-HOUR PERIOD

	Very Relevant	Somewhat Relevant	Not Relevant	Unanswered
Waitlist for programs	21 (33.3%)	9 (14.3%)	21 (33.3%)	12 (19%)
Needs of child/youth out with PEACE Program mandate	5 (7.9%)	17 (27%)	29 (46%)	12 (19%)
Financial needs of program not being met by government funding.	11 (17.5%)	7 (11.1%)	33 (52.4%)	12 (19%)
Insufficient resources to support children/youth with varying levels of mental wellness and/or substance use needs	11 (17.5%)	4 (6.4%)	35 (55.6%)	13 (20.6%)
Program closed	6 (9.5%)	6 (9.5%)	39 (61.9%)	12 (19%)

*TOTAL RESPONDENTS = 63

For the second year in a row, insufficient resources to support children or youth with varying levels of mental wellness and/or substance use needs was identified as a key barrier to services, with almost a quarter (23.8%) of respondents reporting that this was either very or somewhat relevant (17.5% and 6.4% respectively). Between 2013-2018 rates of many mental health



challenges more than doubled in BC's youth, and the pandemic has exacerbated mental health and substance use issues among children and youth¹.

The 2021 BC COVID SPEAK Survey (round 2) found that 2 in 3 households with children reported worsening well-being of their children (65 percent) between this survey and its predecessor in 2020, and an increase in reported child stress from 59 to 83 percent.² BC's PEACE Programs continue to observe this trend and are reporting increased numbers of children and youth requiring support for mental health and substance use concerns. While these cases may fall outside of the PEACE Program mandate, as already discussed, appropriate alternative services are non-existent or also carry extensive waitlists in many communities across BC.

"My child hasn't had any therapy in over 1.5 years. They've been to emergency at BC Children's Hospital three times in that period, it's really unbelievable!" (Program Participant, Caregiver)

"Being that our program is only staffed for one counsellor at 28.5 [hours]/week I do see our waitlist growing - this also directly connects to the lack of mental health counsellors in our area." (PEACE Program Counsellor)

Finally, 12 respondents (19%) identified that their program being closed during the 24 hourcensus period was a barrier to service.

¹ Clair, V. & Mathias, S. (2022) <u>BC youth are in a mental health crisis—we must invest in prevention</u>. *BC Medical Journal, 64(4)*. Retrieved January 27 2022 from: <u>https://bcmj.org/cohp/bc-youth-are-mental-health-crisis-we-must-invest-prevention</u>

² BCCDC Foundation for Public Health (2021) Summary: BC COVID-19 SPEAK Round 2 data provides insight into how people in B.C. are coping with pandemic. Retrieved January 27 2023 from: <u>http://www.bccdc.ca/Health-Info-Site/Documents/SPEAK/SPEAK Round2 Summary.pdf</u>



While BCSTH and the PEACE Programs are sincerely grateful for the funding commitment in 2018 provided by the Ministry of Public Safety and Solicitor General to provide at a minimum 17.5 hours per week of PEACE Program counselling services to 85 of the 87 PEACE Programs across BC, it is clear that the demand for services over these five years far outweighs the funding commitment, with the overwhelming majority of respondents expressing that full-time hours and secondary staff are vital if PEACE Programs are to be able to meet the needs of the children, youth and families in their communities in British Columbia.

"Our PEACE Program has not had an increase in provincially funded hours since its inception years ago. It would be highly valuable for the organization and the community we serve to have a long overdue increase to our program." (PEACE Program Counsellor)

"More funding to better expand these programs and offer more is so so so needed!" (PEACE Program Counsellor)



Continuing Impacts of COVID-19 on PEACE Program Service Delivery

2022 was the first year since the outbreak of COVID-19 that the 24 Hour Census responses demonstrated that the pandemic did not significantly impact PEACE Program service delivery; only 9.5 per cent of respondents said that COVID-19 had impacted their program's ability to provide services during the 2022 24-hour period (69.8% said it had not, 12.7% were unsure and 7.9% did not answer). Of those who said COVID-19 had impacted service delivery during the 24-hour period, or that they were unsure if it had, this was noted to have been due to increased numbers of cancellations due to illness, in some cases these were confirmed COVID-19 cases but in other cases this could be due to cold/COVID-19 symptoms regardless of whether or not they have tested positive, in line with the program's COVID-19 protocols. A couple of respondents also noted that staff were unwell with COVID-19 during the 24-hour period and one noted that schools are still not as receptive to outside visitors as they were prior to the pandemic, especially for group activities.

When asked if COVID-19 impacted the program's waitlist during the 24-hour period, four respondents commented that their programs are still contending with long waitlists due to a backlog of clients that built up during the pandemic, and one respondent noted that there is continued discomfort among some families to attend sessions in-person.



Supporting PEACE Programs

"Wow! We are busy at the moment and it doesn't look to be slowing down!" (PEACE Program Counsellor).

As noted earlier in this report, BCSTH and the PEACE Programs appreciate the funding commitment from MPSSG for a minimum of 17.5 hours/week of PEACE Program services to 85 of the 87 PEACE Programs in BC. However, as reported here, and in previous PEACE Program 24 Hour Census reports, there is a need for increased hours for the PEACE Programs to enable them to meet the demand for services in their communities. This is particularly important given the increasingly complex needs of the families they are supporting.

"The work is demanding and complex. PEACE Program counsellors are not [just] working with one child or youth client, we work with everyone: Parents, MCFD, schools, Doctors, and other support people. This takes time, and for a part-time program it creates waitlists and clients get frustrated." (PEACE Program Counsellor)

The partial funding for this program along with the increased demand, long waitlists, complex cases, lack of alternative services for children and youth who are struggling, the housing crisis in BC and the sharp increase in the cost of living over the last year are all accumulating factors that are taking their toll on the frontline workers in this program.



"It is so challenging to work in a field that is so important and life-changing for participants but not to be remunerated equitably is frustrating. It is coming to the point that staff cannot afford to stay employed here." (PEACE Program Counsellor)

Unfortunately, the lack of any increase in operational or administrative funding for the PEACE Programs in several years has placed the programs into a deficit funding position and they are struggling with their budgets to support the PEACE Program counsellor and all their work related operational needs.

"I have taken great pride in facilitating this program in my community. I believe this program is so vital, but I'm saddened that my hours have been cut...which has forced me to move on to more stable employment. Never knowing if I will lose more hours made it impossible to stay." (PEACE Program Counsellor)

"This program doesn't pay nearly enough for the amount of work and skill that is required to meet the needs of each client... [E]very 1-2 years there is another PEACE worker who has to leave to get the wages to support themselves...it is about time for this program to be taken seriously and given the funding it deserves, because it really does important work!" (PEACE Program Counsellor)

It is vital that every child and youth in BC who is experiencing domestic violence, along with their non-offending caregiver, has timely access to appropriate supports to live safely and build PEACEful relationships. BCSTH and the PEACE Programs are committed to working



collaboratively with the provincial government to ensure that these critical needs are met by increasing the funding for the existing programs and increasing the number of PEACE Programs so every postal code in BC has access to PEACE and VIP supports.

"This is a program worth funding to the maximum because the fiscal rewards of interrupting violence are measurable and can be translated into dollars saved, however, we need to be adequately funded to work with every family asking for help when exiting violence to maximize on this opportunity." (PEACE Program Counsellor)

Please visit the BCSTH Directory of Member Programs & Services or the Ministry of Public Safety and Solicitor General site to find more information about a PEACE Program in your community.



Appendix A: Regional Comparisons of Census Results

Response rates			
	Programs in region	Programs who responded	Programs who responded (%)
Region 1: Vancouver Island and Powell River	13	11	84.6%
Region 2: Lower Mainland	10	9	90%
Region 3: Fraser Valley	12	5	41.7%
Region 4: Kootenays	13	10	76.9%
Region 5: Okanagan	14	10	71.4%
Region 6: Cariboo	11	9	81.8%
Region 7: Northern BC	14	9	64.3%
TOTAL	87	63	72.4%

Response rates

A total of thirteen respondents reported that their program was closed during the 24-hour census period, as shown below:

Region	Program Closed
Region 1: Vancouver Island and Powell River	1
Region 2: Lower Mainland	2
Region 3: Fraser Valley	2
Region 4: Kootenays	1
Region 5: Okanagan	2
Region 6: Cariboo	3
Region 7: Northern BC	2
TOTAL	13



People Served

Region	Supported In-person	Supported Remotely	TOTAL
Region 1: Vancouver Island and Powell River	41	21	62
Region 2: Lower Mainland	53	15	68
Region 3: Fraser Valley	12	7	19
Region 4: Kootenays	40	6	46
Region 5: Okanagan	51	18	69
Region 6: Cariboo	29	15	44
Region 7: Northern BC	30	8	38
TOTAL	256	90	346

Support Sessions Provided

Region	Individua	l Support	Sessions	Group S	upport Ses	sions	Caregiver	Support Se	essions
	In- person	Remote	Total	ln- person	Remote	Total	ln- person	Remote	Total
Region 1: Vancouver Island & PR	33	6	39	1	1	2	1	10	11
Region 2: Lower Mainland	26	5	31	4	0	4	8	10	18
Region 3: Fraser Valley	9	3	12	1	0	1	0	2	2
Region 4: Kootenays	30	4	34	5	0	5	2	6	8
Region 5: Okanagan	41	4	45	0	0	0	7	4	11
Region 6: Cariboo	12	3	15	6	0	6	5	7	12
Region 7: Northern BC	24	0	24	1	0	1	1	4	5
TOTAL	175	25	200	18	1	19	24	43	67



Service related calls, emails or texts received

Region	# of service-related calls, emails or text messages received
Region 1: Vancouver Island and Powell River	202
Region 2: Lower Mainland	55
Region 3: Fraser Valley	37
Region 4: Kootenays	46
Region 5: Okanagan	52
Region 6: Cariboo	27
Region 7: Northern BC	25
TOTAL	444

People unable to be served

Region	# of people unable to serve
Region 1: Vancouver Island and Powell River	84
Region 2: Lower Mainland	77
Region 3: Fraser Valley	7
Region 4: Kootenays	2
Region 5: Okanagan	63
Region 6: Cariboo	28
Region 7: Northern BC	109
TOTAL	370



Programs with a waitlist

Region	# of programs with a waitlist	# of children and youth on waitlist
Region 1: Vancouver Island and Powell River	8	163
Region 2: Lower Mainland	7	117
Region 3: Fraser Valley	2	85
Region 4: Kootenays	4	16
Region 5: Okanagan	5	131
Region 6: Cariboo	4	26
Region 7: Northern BC	4	94
TOTAL	34	632