

External Job Posting Vacancy Child & Youth Mental Health (CYMH) Counsellor Wage Grid Level 16-P (Step 1: \$41.78 to Step 4: \$51.14) 22.5hrs/week

Date: March 7, 2024

Robson Valley Community Services (RVCS) has a temporary, 14-month, part-time position consisting of 22.5 hours per week, for a Child & Youth Mental Health (CYMH) Counsellor. This part-time position is dependent on funding by Ministry of Child & Family Development and is subject to contract agreement renewal/ provisions, and is open to all genders. There may be some travel required, so the successful applicant must have a driver's license, reliable vehicle and be willing to commute between Valemount and McBride, during their work shift.

RVCS is party to the standard sectoral collective agreement between the Community Social Services Bargaining Association of Unions (CSSBA) and Community Social Services Employers' Association (CSSEA). It is a condition of employment that you become a member of the Health Services Association of BC union. Dues will be deducted from your salary in accordance with the Union constitution and/or bylaws. Your entitlements to health and welfare benefits, vacation and paid holidays are as detailed by the collective agreement and as amended from time to time.

How to apply: Please submit your Internal Application and Resume by email, in confidence, to Donalda Beeson at donalda@rvcsbc.org and CC ed@rvcsbc.org. Posting is open until filled.

Job Summary

The CYMH Counsellor promotes the emotional health and wellbeing of children and youth (0-18), striving to ensure they are mentally healthy, have responsible families, and live in safe, caring, and inclusive communities. The CYMH program supports and promotes behavioral change and positive growth in children and youth experiencing, or at risk of experiencing a mental health problem or mental illness that is creating significant distress and/or impairment of development and functioning in their home, school or community. The CYMH Counsellor also provide services to family include targeted prevention and early intervention by reducing risk factors and strengthening protective factors within all environments related to the child (home, school etc.).

This position involves clinical assessment of client mental health concerns, planning and conducting individual and/or group counselling sessions using a variety of techniques, as well as developing and implementing counselling plans for individuals groups and families. The CYMH Counsellor assists children and youth (clients') with skill development in identified problem areas and provides case management services.



Key Duties and Responsibilities:

- Provide follow-up support to clients after the end of therapy.
- Maintain knowledge of community resources and provide appropriate referrals.
- Provide required reports on client's behaviour and progress and maintain clinical records.
- Engage in prevention activities by networking, consultation and public relations as required.
- Develop and implement therapeutic plans and programs. Provide individual and group counselling interventions using therapeutic techniques, such as formulating and facilitating support groups.
- Counselling, motivating and referring advanced issues to the Clinical Supervisor and Manager.
- Provide consultation to those working with client cases i.e. social workers, Early Intervention Services, other Society programs and professionals.
- In alignment with CARF Accreditation Standards, assist in the development and growth of the CYMH Program.
- Perform other related duties as required.

Qualifications Required:

Education and Knowledge

Masters degree in Social Work, Clinical Specialization or equivalent training and education or; Masters of Education (Counselling); or Child and Youth Care; or, a comparable Master's Degree in a Human Services discipline.

- Specialized competencies, skills and knowledge in areas of child and youth mental illness and developmental needs, family functioning and intervention strategies to obtain the goals of service.
- Cultural competency and knowledge of best-practices for serving a diverse client-base.
- Maintain up-to-date information and knowledge regarding utilization of evidence-based practice.
- Maintains knowledge of community resources and refers and provides appropriate referrals to clients to meet their needs.
- Solid understanding of confidentiality and relevant professional codes of conduct and a clear professional scope of practice.

Training and Experience

- Two (2) years of recent related experience or; an equivalent combination of education, training and experience.
- Ability to identify risk factors that may include individual characteristics (such as difficult temperament, learning disabilities, biological injury or genetic factor) or environmental factors (such as poor housing; parenting problems, including substance abuse; or poverty).
- Ability to help strengthen protective factors for children, youth and their families.
- Ability to establish and maintain good interpersonal relations with a high degree of professionalism.



- Ability to drive to meet clients in both McBride and Valemount in both office and outreach settings
- Ability to operate all equipment associated with the duties of the position
- Ability to work independently with a minimum of supervision.
- Physically and mentally able to perform the duties of the position.
- Ability to communicate effectively in English and follow written and verbal instructions.
- Possess written skills appropriate for report writing.

Must submit for a criminal record and vulnerable sector check.

Your interest in this opportunity will remain confidential, and your application will not be shared with a nyone outside of the hiring team at Robson Valley Community Services. We thank all applicants for their interest, but only shortlisted applicants will be contacted. If you are concerned that you may not meet one of the requirements of this posting, but are still interested in applying, we encourage you to reach out and see if an accommodation may be available.