

VIOLENCE IS PREVENTABLE **VIP**

**PEACE
PROGRAMS**

**CHILDREN
& YOUTH**

SCHOOLS

VIP

GRADES 4-6



BC Society of
Transition Houses

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GRADES 4-6



3 Things You Can Do to Stay Safe

1. Talk to an adult you trust. If you cannot get help at home, talk to a grandparent, aunt, uncle, teacher or neighbour you trust.
2. Plan a safe place you can go, and go to your safe place to draw pictures, read or play a game.
3. If you do not feel safe, call 911. Tell the operator your name and address, and tell them what is happening and why you called.

Things to Remember: The 3 Main Messages

1. Violence is not your fault.
2. You are not alone.
3. There are people who can help.



There are people you can talk to:

Kids Help Phone 1.800.668.6868

Kids Help Text 686868

BC Crisis Centre 1.800.784.2433

VictimLink 1.800.563.0808

BC Society of Transition Houses www.bcsth.ca